

DAILY ACTIVITY SCHEDULE

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-----------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|--------------------------|-------------------------|
| 7:30-9:00 | Primal Yoga | Primal Yoga | Primal Yoga | Primal Yoga | Primal Yoga | 7:00am* Deep Jungle Hike | Jungle Hike Venus Beach |
| 2:00-3:00 | | | Raw Food Cooking Class | | | | |
| 3:00-4:15 | Reflect & Recharge Yoga | Reflect & Recharge Yoga | Reflect & Recharge Yoga | Reflect & Recharge Yoga | Reflect & Recharge Yoga | | |
| 4:00 | | | | | | Coral Beach Walk | Sunset Boat Tour |
| 4:20-6:00 | Sunset Shuttle | Sunset Shuttle | Sunset Shuttle | Sunset Shuttle | Sunset Shuttle | | |

