



HACIENDA DEL SOL

WEEKLY SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 - 9:00	Yoga	Yoga	Yoga	Yoga	Yoga	Mountain Hike	Jungle Hike to Venus Beach
14:00 - 15:00		Raw food cooking classes		Raw food cooking classes			
15:30 - 16:30	Restorative Yoga	Restorative Yoga	Restorative Yoga	Restorative Yoga	Restorative Yoga		
16:30 - 17:00	Meditation	Meditation	Meditation	Meditation	Meditation	Coral Beach Walk	Sunset Boat Tour 16:30 - 17:30
17:00 - 18:00	Sunset Shuttle to Punta India	Sunset Shuttle	Sunset Shuttle to Pitaya	Sunset Shuttle	Sunset Shuttle		